

Family

In Ag our family is more than just family. They're her support system and the hardest workers in your operation. You know them better than anyone else, and you can tell when something just isn't right. Maybe it's more time alone in the tractor or less talk around the dinner table. If you notice a change, it's important to talk about it.

Make mental health a priority in your family and show them that they're not alone. For resources and free counseling access for Montana AG, visit [beyond the weather.com](https://www.beyondtheweather.com).