

# Fresh Produce Calendar

# FRESH PRODUCE AVAILABILITY

- = months available
- ▲ = peak availability

PRODUCE	January	February	March	April	May	June	July	August	September	October	November	December
Apples	●	●	●	●	●	●	●	▲	▲	▲	▲	●
Apricots								▲				
Asparagus					▲							
Basil					●	▲	▲	▲	●	●		
Beans							▲	▲	●			
Beets	●	●	●				●	▲	▲	●	●	●
Carrots	●	●	●				●	▲	▲	▲	▲	●
Cherries, sweet & pie							●	▲				
Cucumbers							●	▲				
Elderberries								▲	▲	●	●	
Edible Flowers						●	●	●	●	●		
Garlic	●	●	●				●	▲	▲	▲	●	●
Assorted Herbs					●	●	▲	▲	▲	●	●	
Onions	●	●	●	●					●	▲	▲	●
Parsley							●	●	●	●		
Parsnips	●	●	▲									●
Pears									▲	●	●	
Potatoes	●	●	●	●					▲	▲	▲	●
Pumpkins								●	●	▲	▲	
Raspberries							●	●				
Safflower	●	●	●	●	●	●	●	●	▲	●	●	●
Shallots	●	●	●					▲	▲	●	●	●
Sprouts	●	●	●	●	●	●	●	●	●	●	●	●
Squash, summer								▲	●			
Squash, winter	●	●	●	●					▲	▲	▲	●
Strawberries							▲	●				
Sunflower seed	●	●	●	●	●	●	●	▲	●	●	●	●
Sweet corn								▲	●			
Tomatoes						●	●	▲	●	●		
Vegetable, assorted					●	●	▲	▲	▲	●	●	
Vegetable, leafy green					●	▲	▲	▲	●	●	●	